



Georgia Teachers of the Year Association

The Georgia Teachers of the Year Association will sponsor the following activities at the conference on November 11-12, 2016:

“Promising Practices”

Each System Teacher of the Year will share one successful practice used in his or her classroom. This opportunity to learn from others at your grade level (elementary, middle, or high school) has always been a highlight of the conference!

Please complete the attached form and email to Marc Pedersen, GOTY President-Elect, by **October 29, 2016**. His address is MPedersen@paulding.k12.ga.us, and he will make certain that all practices are available for future use by honored teachers.

Please be aware that:

- AV will be available for your presentation. You are not required to use it, however.
- You will verbally share your practice during a 6 to 10 minute presentation.
- You may bring hand-outs if you like. Probably 30 copies will be adequate.

Gale Samuels Award

These financial awards (typically about \$300 each) are given in honor of Georgia Teachers of the Year Association’s first Georgia Department of Education Liaison, who died of leukemia in 1998. During the November 11-12 conference, participants will hear from our most recent grant winners.

Applications for the 2016-2017 awards will be distributed at that time.

Judy B. Floyd Space Camp Award

Funds will be provided by the GTOY Association for one System Teacher of the Year to attend Space Camp in Huntsville, Alabama during July 2017. This award is in memory of Judy B. Floyd, another outstanding GDOE Liaison. During the upcoming conference, the most current recipient will share experiences from that exciting week.

Applications for this grant will be distributed during the November 11-12, 2016 conference.



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E-mail to MPedersen@paulding.k12.ga.us **no later than** **October 29, 2016**

Name: _Tonja Stevens

School: Jefferson County High School School District: Jefferson County

Your e-mail address at school: stevenst@jefferson.k12.ga.us

Home: tonjalstevens@gmail.com

“Promising Practices Classroom Activity”

Title of Activity: Personal Fitness goal setting

Recommended to use with this number of students: 25-30

Content Area: Personal Fitness/Health Grade Level(s): high school

Match to Georgia Standard(s): HE H.S.6: Students will demonstrate the ability to use goal-setting skills to enhance health; PEHS.4: Achieves and maintains a health-enhancing level of physical fitness

Note: Use the remainder of this page and up to one additional page for describing the activity.

I will discuss the goal setting sheet that I use after students do the pre-test in the fitness gram. Student record their scores for each component and they have to then set a goal for each component that they want to reach by the end of the 9 weeks grading period. They then have to explain what they are willing to commit to do to reach the goals that they have set. The next part is they progress monitor themselves. Throughout the 9 weeks they will participate in benchmark tests for each component and they will record each score. They will then explain what they have done to improve or what they need to do to see more improvement to reach their ultimate goal.